

Volunteers Needed

FIT FOR LIFE



The FIT FOR LIFE Project delivers fun and exciting **ACTIVE PLAY** sessions for **children and families** living in rural Clydesdale.



We are looking for individuals to help at our active play sessions who are:

- Fun and enthusiastic about active play
 - Enjoy working with children
 - 18 years old or over
- Able to travel around Clydesdale (either drive or public transport)

Great training opportunities and travel expenses included

If you are interested in finding out more, contact **Christine** at Healthy Valleys on:

01555 662496 / 07702336327

Christine@healthyvalleys.org.uk



Committed to PLAY



www.playscotland.org



BBC
**Children
in Need**

Cattanach

