

Referral Form

An 8-week health and wellbeing course for disadvantaged children living in rural Clydesdale. This course will mainly involve active play alongside other health related activities such as healthy eating, practical cookery and stress management. Transport may be available.

Checklist Referral Criteria:

- Child aged between 5-18 years old.
- Live in following areas of Clydesdale, South Lanarkshire: Carstairs Junction, Carnwath, Rigside, Smyllum (Lanark) and Woodpark (Lesmahagow)
- Living within a family where additional help and support is required
- Parent/Guardian and child agree to be involved with the Health and Wellbeing Course

If all criteria are met, complete the following

Child's Full Name		Child's DOB	
Address			
Village/Town		Postcode	
Main parent/guardian Full Name		Contact number(s)	
Reason for referral			
Referral Full Name		Referral Agency	
Referral contact number		Referral email address	
Child's Named Person		Named Person's contact number	
Any other agencies involved with child/family			

Consent of parent/guardian: I agree to the details of myself and child to be securely held by Healthy Valleys. Healthy Valleys will use my details in communicating and evaluating its service and will contact me for these purposes. I agree to allow information and progress of my child and I to be shared with organisations I am involved with.

Referral signature		Date:
Parent/Guardian signature		Date:

Please send completed referral form to Christine Baillie, Fit For Life Project, Lockhart Community Hub, C/O Lockhart Hospital, Whiteless Road, Lanark, ML11 7RX (mark as confidential) or to christine@healthyvalleys.org.uk.

Data Protection Act 1998

Information will be kept for no longer than necessary and stored in the most appropriate way. We may also pass on your details to other organisations associated with the project.